



## COMMUNITY CALENDAR

**PVPHA Monthly Meeting**  
THURSDAY, JANUARY 18, 7 PM  
EMPTY SADDLE CLUB

**Blackwater Canyon Trail Closure**  
JANUARY 8-17  
Closed for Edison work; trail will have large equipment and open trenches

*Events listed here are not necessarily sponsored or endorsed by the PVPHA. To add an event, please email: [pvpha.dispatch@gmail.com](mailto:pvpha.dispatch@gmail.com)*



## PVPHA January Meeting: Masterston Method Bodywork

By Jan Spak

Welcome 2024! Our first meeting back for the new year will be a great opportunity to help you connect with your horse by learning about the Masterson Method for Equine Bodywork. Our guest speaker is Will Friday who will be presenting a demonstration of Equine Bodywork techniques at 7 PM at The Empty Saddle Club on Thursday Jan. 18.

Will Friday is the CEO (Chief Equine Officer) of Performance Equine Bodywork. He is a Masterson Method Certified Practitioner and Instructor providing Masterson Method Bodywork throughout Southern California. The Masterson Method is a gentle and effective form of bodywork that helps release tension in the major

junctions of the horse to improve performance and a comfortable range of motion.

Will is also trained and certified in Balance Through Movement Nerve Release and Zenma Institute's Neurofascial Conditioning and Rib Entrapment Release. In addition to his bodywork certifications, Will is also a certified Legacy Equine Nutrition Advisor which helps take the guesswork out of equine nutrition.

Will is a frequent guest lecturer for equestrian groups, feed store events, and collegiate equine science programs, so we are very fortunate to welcome him to our first PVPHA meeting of 2024! Mark your calendars so you don't miss this informative presentation!

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## TRAIL PROTECTION FUND

Please consider making a donation to the PVPHA Trail Protection Fund. All donors receive recognition with their name in the Dispatch in the following month. All donations are tax-deductible.

🐾 Maya Grasse 🐾

### WELCOME NEW MEMBERS:

🐾 Maya Grasse 🐾  
 🐾 Tyler Wade 🐾  
 🐾 Lisa Parris 🐾



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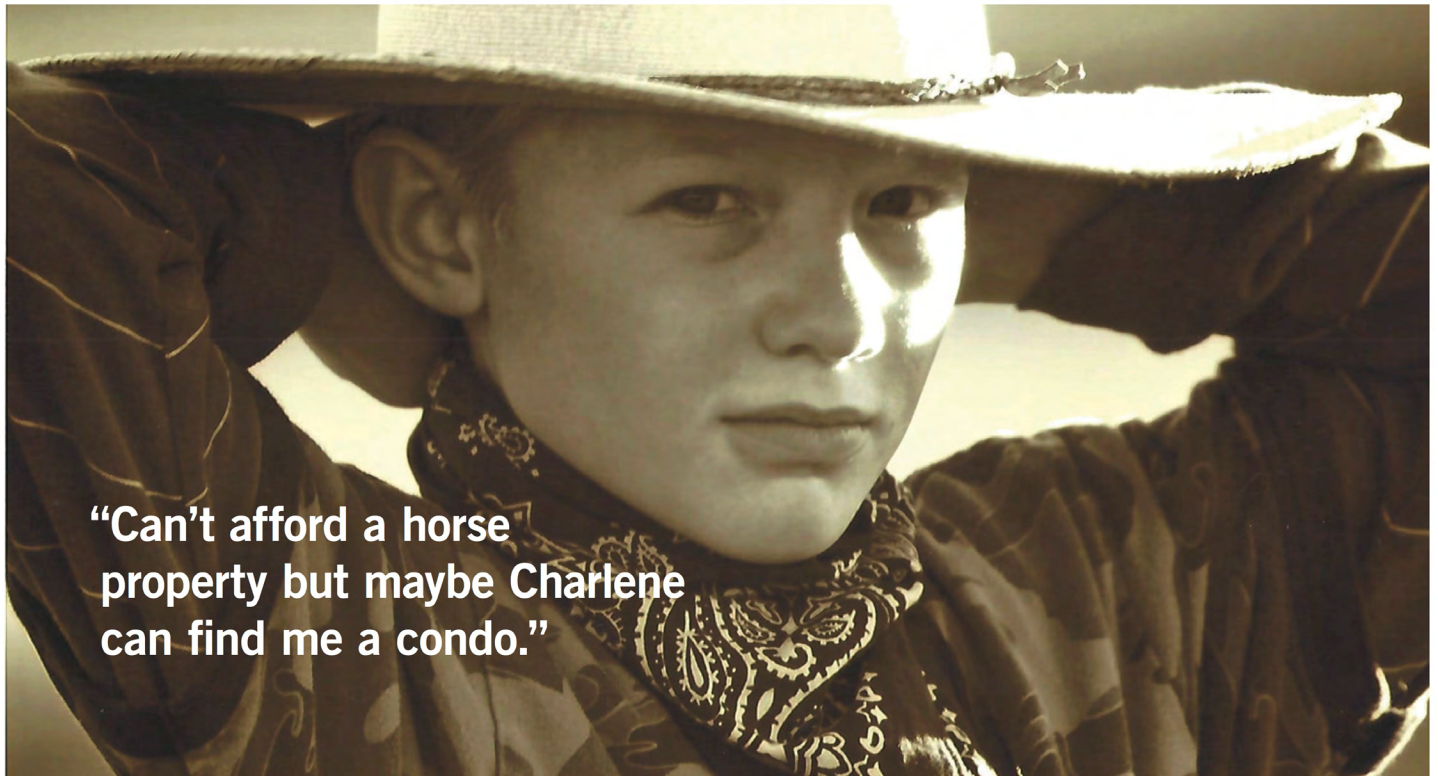
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- ✓ EASTVALE 26969, 27039, 27109, 27304 twice, 27642, 27548, 27060, 26744, 26730, 26707, 27060
- ✓ EMPTY SADDLE LANE 37 twice, 19, 31, 35 twice
- ✓ EMPTY SADDLE RD 2, 3, 11, 12, 28, 30, 31
- ✓ 4736 FERNCREEK

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- ✓ 52 HIDDEN VALLEY RD
- ✓ 31 HORSESHOE LN
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- ✓ 10 MARTINGALE
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- ✓ 4 PALOMINO
- ✓ PALOS VERDES DR EAST 3330, 27879, 28332, 28566
- ✓ PINTO LANE 3, 11
- ✓ PONY LN 8, 20, 36, 38 twice, 40, 42
- ✓ 6 PORTUGUESE BEND
- ✓ 18 RANCHVIEW
- ✓ 5 ROANWOOD
- ✓ 4645 ROCKBLUFF

- ✓ ROCKINGHORSE 2, 35, 86
- ✓ 4606 ROLLANDO
- ✓ ROLLING HILLS RD 26732, 26802
- ✓ 7 SHADOW LN
- ✓ 3 SILVERLEAF
- ✓ SINGLETREE 7 twice
- ✓ SORREL 3, 9 twice, 10, 15 twice
- ✓ STRAWBERRY 3, 14, 62 three times, 69
- ✓ 14 SUNNYFIELD
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\*may be improved or unimproved horse property

# Horses at the Rose Parade

By Nancy Wildman

This year's Tournament of Roses Parade had several equestrians from the Palos Verdes Peninsula as participants. Brenda Caropino, and her son, Mark Caropino, rode with Spirit of the West Riders riding in 1800 period correct costumes and original or replica period correct saddles and tack. Peninsula equestrians Kathy Stowe, Helen Frykman, Tiffany Rogers, Michelle Rogers, Laurine McCaw, and Tina Palica rode with the Long Beach Mounted Police who had members from as far away as Wisconsin in attendance. In all there were 18 mounted units in this year's parade. If you missed any of them and want to get another look you may be able to see them on the RFD TV app. Meanwhile, here are some photos that were shared with us by an individual who wishes to remain anonymous. He told me that between EquestFest and the parade he took over 15,000 photos! We are fortunate that he chose to share some of them with us. Thank you!



*Norco Cowgirls Rodeo Drill Team.*



*Michelle McFarland with two in hand.*



*Brenda Caropino performs an Annie Oakley routine at Equestfest*

Each year, the Rose Parade's equestrian units showcase their breeds and demonstrate their talent with performances at Equestfest. Held each year on the weekend before the Tournament of Roses Parade at the Los Angeles Equestrian Center, this family-friendly event includes an exciting equestrian show, musical performances, and a food and vendor court. The equestrian show features a variety of horse breeds, as well as a variety of drills, dances, tricks, and thrills! According to local equestrian, Erin Ryan, "This year's show was the best yet! It was very exciting and filled with action!"

Attendees are invited to stroll through the stables, meet equestrian participants, and participate in educational and interactive exhibits.



*The Painted Ladies Stunt Team riding in the parade.*



## **The Long Beach Mounted Police in the 2024 Tournament of Roses Parade**

By Kathy Stowe

WOW! 7 1/2 miles, 6 1/2 hours in the saddle... organized to the hilt. I still can't believe we were chosen to do this. After a 4 year absence, 10 LBMP members were finally riding in this fabulous parade again.. my first. My 4 LBMP friends from Rolling Hills, said they didn't even know it was something that should be on their bucket list! It wowed them all as their first Rose Parade too. The men from Kings County Posse in northern CA, were really great to be around and such fun to ride with. Glad we merged our two groups! It was thrilling, exhausting, exciting, and absolutely amazing. The sea of horses at the Equestfest, the week prior, was absolutely dazzling! Every kind of horse imaginable could be seen in the barns, arenas and eventually in the Equidome. During the parade, we could smell the flowers, even over the horse smells- ha! We interacted with the



*Above: Brenda Caropino riding Aurora in the Rose Parade with her son Mark riding Amber. They rode with Spirit of the West Riders sponsored by John Wayne Cancer Foundation.*

*Left: Riders, Left to Right: Kathy Stowe on Chexx, Helen Frykan on Penny, Heidi Hochhausen on Lyle (she trailered in all the way from Wisconsin!), Tiffany Rogers on Bo, and Michelle Rogers on Carla Routt's horse, Trey.*

crowds and took in all the sights and sounds. My beautiful little dappled Palomino, Chexx, outshined himself, prancing for the crowds. I would sleep in the rain, in the horse trailer's top cab over the fifth wheel again, just for him, so we can continue to have more great adventures together.

When we finally reached the end Staging area, (at the closed St. Luke's hospital parking lot) the horses all got fresh water buckets from the Equestrian Committee. My fellow Mounties, our ground crews, and I, had the best In-N-Out burgers ever! I had 2, we were all so famished! The best news is that Carla Routt's son Gerry awarded us (Lori Wheeler & I) her big beautiful Palomino, Trey. Phelan CA turned out to be a bit cold for Big Trey. Chexx and Gunner are so happy to have him back. The 3 Palominos ride again, for a happy new year indeed!

Many hugs and thanks for a wonderful year last year, let's make it another LBMP milestone year!

# Dapplegray Lanes Holiday Horseback Parade

By Nancy Wildman

Thank you Dale Lofgren for these beautiful photos of the Dapplegray Lanes Holiday Horseback Parade which took place on December 16th. Parade participants met at the Dapplegray Private Arena to decorate their horses and warm up their vocal cords for the parade. The parade route began at the end of Buckskin Lane and proceeded to the end of Dapplegray Lane with much singing and merriment in between. Spectators lined the parade route with cameras ready to capture the holiday cheer and join in the singing. Thanks to Jenny Litchfield and Kelly Yates for organizing the parade!

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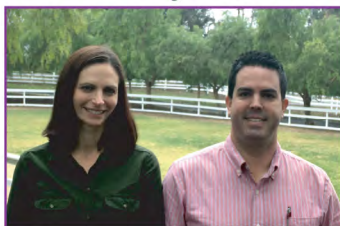

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# Tack Resale Event a Success

By Melody Colbert

In the true Christmas spirit of giving, receiving, buying and selling, equestrians turned out in numbers for the tack sale hosted by Gil Houle at Peter Weber Equestrian Center ([www.pwecent.com](http://www.pwecent.com)) on Sunday Dec 3. Kelly Yates' grand idea came to fruition with Portuguese Bend Pony Club, Lomita Feed Store, Maverick Farms among those represented, along with many individual sellers. Old acquaintances were renewed and some new friendships were probably forged! PVPHA provided fuel for the day in the form of free coffee and donut holes and free pizza! At the end of the day, unsold/unwanted items were turned over to PB Pony Club to sort and help fund their organization by disposal through an auction outfit.

Thank you to all who participated!



*Eden Heinsheimer on Lisa Perrin's horse "King" Duncan decided to do some drive-through shopping!*





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## MONTHLY PHOTO!

Bruce Harnishfeger sent in this photo of Vasquez rocks taken from between the ears of his horse, Kiana. What a beautiful view, and some beautiful horse ears as well! Thanks Bruce!

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Please indicate how much you would like to donate; checks should be made payable to PVPHA:

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to Trail Protection Fund \$ \_\_\_\_\_

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