



## COMMUNITY CALENDAR

**PVPHA Monthly Meeting**  
THURSDAY, AUGUST 17, 7 PM  
EMPTY SADDLE CLUB

**Portuguese Bend National Horse Show**  
SEPTEMBER 8-10  
ERNIE HOWLETT PARK  
More information on page 3

**Rolling Hills Estates 66th Annual City Celebration**  
SEPTEMBER 23, 9 AM - 3 PM  
EMPTY SADDLE CLUB  
More information online at [rollinghillsestates.gov](http://rollinghillsestates.gov)

**Equestrian Committee Meeting**  
MONDAY, SEPTEMBER 25, 7 - 9 PM  
CITY OF RHE COUNCIL CENTER

*Events listed here are not necessarily sponsored or endorsed by the PVPHA. To add an event, please email: [pvpha.dispatch@gmail.com](mailto:pvpha.dispatch@gmail.com)*



Photo by [sheri silver](#) on [Unsplash](#)

## PVPHA August Meeting: Ice Cream Social

By Jan Spak

You won't want to miss this month's PVPHA meeting! It'll be a perfect, refreshing opportunity to cool off at our annual Ice Cream Social. Mark your calendars for Thursday, August 17th at 7pm at the Empty Saddle Club. And to top off the evening, we'll move over to the campfire to have a good ole cowboy singalong led by Claire Wagner from the Windy Ridge Bluegrass Band! So bring the family for a fun-filled night of eating ice cream & singing! See you there!

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## TRAIL PROTECTION FUND

Please consider making a donation to the PVPHA Trail Protection Fund. All donors receive recognition with their name in the Dispatch in the following month. All donations are tax-deductible

Thank you to the following PVPHA members for their generous donation to the Trail Protection Fund:

- Jennifer and Robert Boudreau
- Valerie Cole
- Joeann Gordon
- C.M. Tabellario

## WELCOME NEW MEMBERS:

- Linda Patton

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# Save the Date! Portuguese Bend National Horse Show!

**The 65th Portuguese Bend National Horse Show will be held September 8-10 at Ernie Howlett Park in Rolling Hills Estates.**

Hosted by the Peninsula Committee Children's Hospital (PCCH), all proceeds will benefit Children's Hospital Los Angeles; in particular, The Associates Chair in Endocrinology and The Associates Chair in Transplant Surgery. For three days, this highly regarded A-rated Horse Show has two fully scheduled rings offering a wide variety of classes, including the prestigious PCHA Horsemanship Medal Finals. In addition, the \$10,000 Harman Jr.-A/O Jumper Classic and the \$15,000 Seahorse Jumper Classic promise to challenge some of the West Coast's finest riders with difficult and exciting courses. The weekend's activities will include a hometown atmosphere created through an array of food booths, boutiques and fun for children, including magic shows, pony rides and face painting. To learn more, visit <http://www.pcch.net>



Benefiting



# Portuguese Bend NATIONAL HORSE SHOW

**Sept 8-10**

**Ernie Howlett Park  
Rolling Hills Estates**



# Local Equestrian Community Event Draws a Large Crowd-Both Humans and Horses

*Rolling Hills Estates, CA (July 26, 2023).* Palos Verdes Peninsula Horsemen's Association (PVPHA) sponsored a community event on Saturday July 22 that drew over 75 equestrians and their mounts as well as over 200 spectators from the South Bay area.

Peninsula Horseman's Association board member, Kelly Yates, was the driving force behind this event. "We wanted to have an event to showcase the wonderful horse community we have here in the South Bay and to expose the many opportunities for our South Bay residents to become involved with these special animals."

There were over 25 horse related businesses and organizations that exhibited at this event which included farriers, veterinarians, riding trainers, horse camps, therapeutic riding organizations, animal communicators, a sports psychologist and more.

Demonstrations included junior and adult drill teams, jumping, a Spanish dancing horse, western riding, dressage and a parade of multiple horse breeds as well as a roping demo. The event concluded with games and races on horseback.

Presentations were scheduled throughout the day including Alternative Modalities for Equine Wellness with Susie Lytal; An Equine first Aid discussion with local vet, Dr. Ruth Sobeck; Equine Pulsed Electromagnetic Field Therapy with Stacy Kaplan; The Portuguese Bend Pony club "Quiz Rally"; Hay Discussion with Bill Lockwood, owner of Lomita Feed and Therapeutic Riding with Dr. Erin O'Mahony, from Manes for Movement.

Rolling Hills Estates has a long history of being a strong equestrian community and this event not only brought the many facets of the equestrian community together but opened up this special community to the greater South Bay.

PVPHA President, Charlene O'Neil deemed the event a great success. "We would like to continue to sponsor events like this one to gather our equestrian community together and invite other horse lovers to enjoy the equestrian life the South Bay has to offer."

If you have questions, contact Lynda Palmer at 310-927-7527 or [equusmarketinglp@gmail.com](mailto:equusmarketinglp@gmail.com)



*M.J Trolia practicing newly learned roping skills at Horse Happenings on the Hill.*

*All photos by Dr. Ruth Sobeck*



*Leslie Sliva performing with her Spanish Dancing Horse at Horse Happenings on the Hill.*

# Ernie Howlett Equestrian Center Ring 2 Renovation Project

By Helaine Lopes, Publicity Chair of the Portuguese Bend National Horse Show

The City of Rolling Hills Estates (RHE) and the Portuguese Bend National Horse Show (PBNHS) have partnered to accomplish a renovation of Ring 2 at Ernie Howlett Park. The initial request for improvements came from the Pacific Coast Horse Association and local barns, whose member riders compete at the annual "A" rated (USEF, PCHA, LAHJA) Heritage PBNHS.

PBNHS representatives met with RHE Staff, RHE Equestrian Committee, Parks and Activities Commission, and City Council, to investigate and develop a project scope and plan for needed improvements. The City contracted with West Coast Footing "Tractor Dean", a renowned footing specialist, to complete the work, which is scheduled for full completion with GGT installation before Labor Day. In this joint effort, PBNHS encouraged their members to contribute to fund half the project cost through the Pepper Tree Foundation, which in turn donated the funds to the City. In addition, Tractor Dean was able to secure a donation of 90% of the cost of the Western Blend footing material from GGT Footing -The Equestrian Division of Polysols Inc.

The 65 th PBNHS will be held at Ernie Howlett Park September 8, 9, and 10, 2023. This major fundraising event of Peninsula Committee Children's Hospital

will support The Associates Chair in Endocrinology and The Associates Chair in Transplant Surgery at Children's Hospital Los Angeles.

For three days, this A-rated national horse show will have two fully scheduled rings offering a wide variety of classes, including the prestigious PCHA Horsemanship Medal Finals for riders 14 and under and 18-34, as well as the PCHA Victor Hugo-Vidal Adult Horsemanship Class for riders 35 and over. In addition, the \$10,000 Harman Jr.-A/O Jumper Classic and the \$15,000 Seahorse Jumper Classic, sponsored by the Scharffenberger family, promise to challenge some of the West Coast's finest riders with difficult and exciting courses.

The Peninsula Committee Children's Hospital is unique in that entire families become involved in the colorful show. They provide planning, preparation and personnel to staff the event, and in the process, they give over 15,000 volunteer hours each year. An atmosphere of hometown fun is created through the decorations, booths and boutiques. Puppet shows, pony rides, and face painting are just some of the popular activities of the Children's Circle. Many food booths entice the crowds with items for breakfast, lunch and snacks. For more information visit [pchn.net](http://pchn.net).



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Ring 2 at Ernie Howlett Park. Photo provided by Helaine Lopes.



# July Meeting Recap

By Nancy Wildman

The first order of business for our July meeting was the PVPHA Board of Directors annual election. The results are as follows;

VP Fiscal Affairs: Sean Martin

VP Education: Jan Spak

Treasurer: Melody Colbert

Corresponding Secretary: Candace Ham

We thank our former Corresponding Secretary, Kelly Yates, for her service and welcome Candace to the board. We look forward to working with you!

After the elections we headed out to the west arena for a demonstration of Cowboy Mounted Shooting by Brenda Caropino and Bill Hendrix. Although no shots were fired, we got a close-up view of how the sport works. Brenda brought poles and balloons to set up a typical course which she and Bill ran through using their guns and rifles as if they were loaded. It was impressive to watch them racing through the poles while shooting and holstering their guns at the same time.

Back at the clubhouse, Brenda described Cowboy Mounted Shooting as a national sport with over 16,000 members that compete in a fast action, timed event using two .45 caliber single action revolvers each loaded with five rounds of specially

prepared blank black powder ammunition with no projectiles. Each competitor shoots at five balloons, holsters their gun, then pulls the second gun out of their holster and then shoots at the remaining five balloons while racing towards the finish line. The event is similar to a gymkhana but there are 81 different patterns where the competitor is shooting balloons while speed and accuracy determine your score. Competition divisions are determined so a rider is competing with others of similar riding ability and move up in divisions after a determined number of qualified wins. There is a division for everyone: kids, seniors, men and women. The kids division, Wrangler class, for 11 year olds and younger use Hollywood Cap pistols while engaging targets. Safety in horse training and firearm handling are emphasized and demonstrated at all times.

Brenda and her son, Mark, have been involved with Cowboy Mounted Shooting for about ten years. She said she got her first Cowboy Mounted Shooting horse, Amber, through friends who were involved in the sport. Amber taught Mark to ride.

When it was time for her to buy another horse she called the same friend and bought her horse. She explained that both she and Mark were competing in Gymkhanas in Fullerton and decided to try Cowboy Mounted Shooting since they both had horses that were fine with gunfire.



*Bill Hendrix riding his 14 year old Quarter Horse, Lily, demonstrating a pattern using pistols and rifle. Bill and Lily have been doing Cowboy Mounted Shooting for about 3 years.*



*Brenda riding her 20 year old Quarter Horse, Raffles, demonstrating a Cowboy Mounted Shooting pattern. All photos by Nancy Wildman*

Even though Mark lives in Camarillo now, he still meets Brenda for practice at shooting ranges in Acton or Corona. While there are competitions in California, many competitors, including Brenda and Mark, travel to nearby states to compete, and some people travel across the country to compete. Brenda said "Competing and winning my class in the Western States Championship in Las Vegas at South Point Hotel two years in a row was one of the most fun and rewarding experiences of my life. I love to dress up in my western clothes, fringed chinks (short chaps) and spend time with the other competitors. I have to tell you I have met some of the greatest people in this sport. This sport has opened the opportunity for me to do a shooting demonstration during the Equefest at the LA Equestrian Center and ride in the 2023 Rose Parade with the Spirit of the West Riders using 1800's replica saddles and costumes."

Brenda showed us some amazing videos of other Cowboy Mounted Shooters including Kenda Lenseigne, and Kenny and Leanne Lawson. If you're interested in learning more about Cowboy Mounted Shooting, searching the internet is a great way to

get information about this fast-growing equestrian sport. Brenda belongs to an organization called the California Desperados which, among other things, trains new shooters. California Desperados Cowboy Mounted Shooting Club can be found on Facebook. The national website is [CowboyMountedShooting.com](http://CowboyMountedShooting.com). Please contact Brenda at [cbcaropino@gmail.com](mailto:cbcaropino@gmail.com) if you want more information or to join her at a practice.

Thank you, Brenda, for taking the time to share your passion for this fun and exciting sport with us. We thoroughly enjoyed it!




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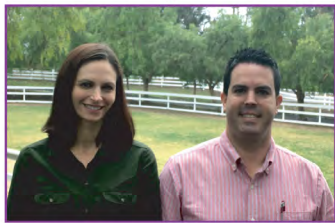
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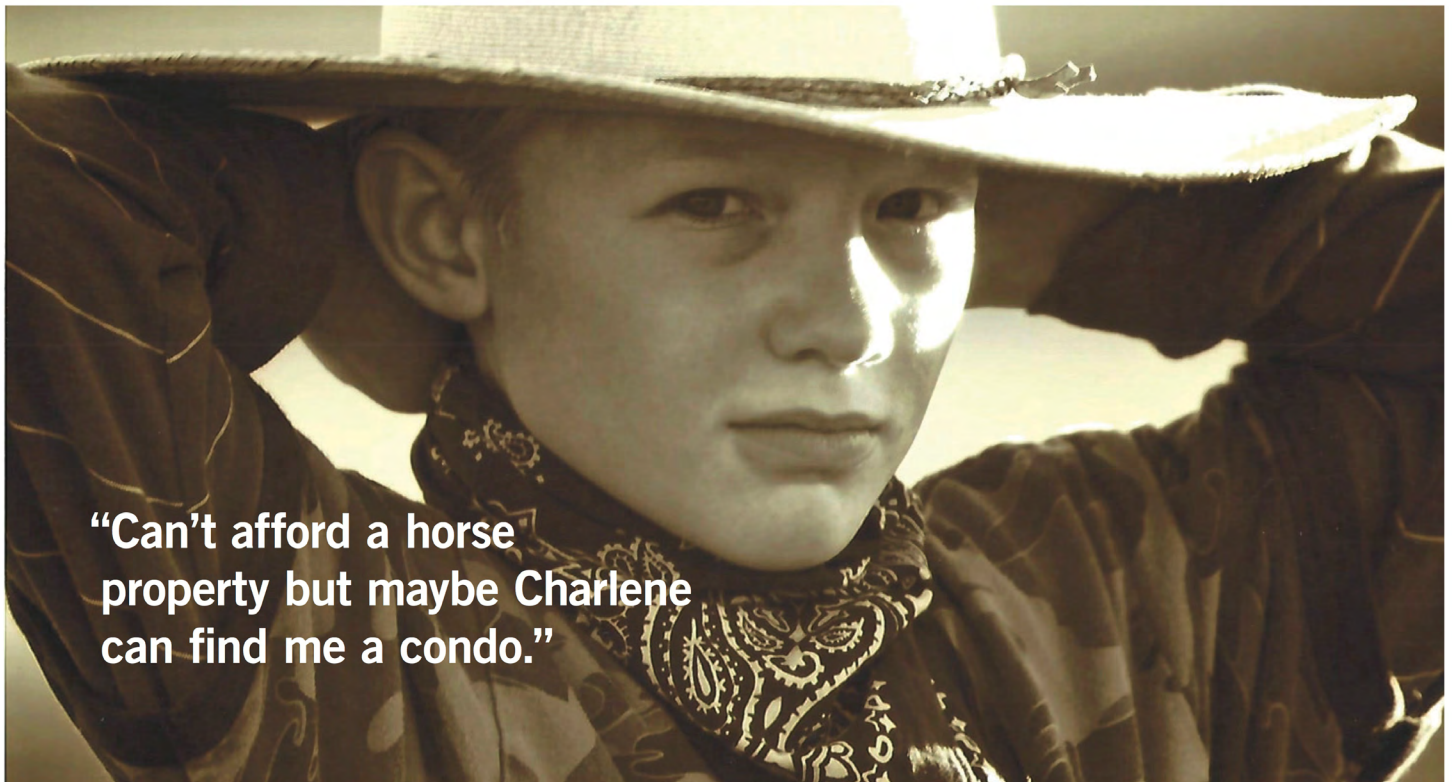




By Melody Colbert

On the morning of Saturday, July 1, a small but mighty group of volunteers tackled the overgrowth of brush encroaching on the trails surrounding the George F Canyon nature preserve. The board of the PVPHA observed that the city of Rolling Hills Estates maintenance division has been overwhelmed by the explosion of plant growth encroaching on the trails as a result of the big rainy season, and decided to see what we could do to help. The trail clearing at the George F Canyon Nature preserve was the first of several planned volunteer maintenance and brush control events. With the help of the Palos Verdes Peninsula Land Conservancy staff, we accomplished our goals for clearing trails for users. During the event, it was not uncommon for trail users to ask volunteers how they might get involved in future trail brush clearing events!

## Brush Clearing in George F. Canyon



**“Can’t afford a horse property but maybe Charlene can find me a condo.”**



# Senior Horse Spotlight: Kade



At almost 3 years old, my good friend, Diana Barber Lewis was alerted by a friend of hers that Kade was a horse she “needed to see.” Diana, a long time proficient horse woman, took the then-local veterinarian, Dr. Jensen, with her to vet this young colt. They both recognized his gentle nature, good mind and beautiful lines. He came home to Palos Verdes with Diana where she broke and trained him. She rode him, showed him, drove him with her cart, and trained and took him on an endurance ride. Diana gave riding lessons on him to numerous people once she acquired her beautiful black Tennessee Walker, Coast Guard. I was fortunate enough to be introduced to Diana and take lessons on Kade around age 60. I did not grow up riding so it was a real adventure! But I learned to ride properly and to this day still hear her instructions in my head when riding.

## By Susan Eatherly

I wanted to share a little history on my wonderful horse, Kade AAR, 35 years young, who was recently recognized in the “Parade of Breeds” and Senior horse celebration event during “Horse Happenings On The Hill.”

Kade was born on April 14, 1988. He was bred by Thomas and Beverly Alexander and Richard Hyneman in Santa Ynez, California. Kade’s mother, Karina, was a pure Spanish Arab, imported from Spain. His sire was also a pure bred Spanish Arab named

Bravio. Kade's grandfather was the famous Baruch De Washoe, one of the top 3 Spanish sires.

Sadly 5 days after Kade's birth, Karina colicked. Post colic surgery, coming out of anesthesia, she fell and broke her leg and had to be euthanized. Fortunately Karina’s friend on the ranch, Embara, another purebred Spanish Arab, had just birthed a colt named Cody and would lovingly nurse both boys, one on each side. She turned out to be a wonderful, nurturing mother.

At some point it became apparent to Diana that Kade and I had a real love for one another. She started letting me ride him on my own, whenever I wanted, while I also learned how to take care of him. One evening when we were both up at the barn, Diana told me she would be honored to completely give him over to me. Tears flowed! It was an awesome thought that Kade was now all mine and my entire responsibility. I was so thrilled and scared at the same time!

I have learned so much from and about Kade in the past 15 or so



years! The barn is my second home and Diana still gets to see him as Coast Guard is his “bro” and barn mate. Plus, we still ride together all the time!

My husband has been a saint with the amount of hours I spend at the barn and riding, plus the money to take care of him the way I want. Sometimes if I am stressed he tells me maybe you should just “go to the barn”.

At 35, chewing a flake of hay is rough for him, so I prepare lots of hand sifted alfalfa flakes with hay pellets, spiked with Senior Feed. He’ll eat anything that contains his Senior feed. Like many older horses, he takes daily meds for Cushings and Arthritis and an injection of Pentosan every six weeks. In the last several years I have had Dr. Sobeck inject his hocks which has really helped.

Dr. Sobeck has been very instrumental in his care and has always answered the barrage of new horse owner questions I constantly emailed her in the beginning. She has been right there for us with any and all emergencies. She is truly a kind and caring veterinarian. Aaron Reis, his farrier, has kept his hooves “tuned” with lots of tweaking, experimenting and adjustments with just the right shoes and pads. I am so fortunate to have a barn and trail full of horse owner/friends who all care about each others horses. It does take a village!

Kade and I have ridden on every trail on the Palos Verdes Peninsula numerous times. We now ride several days a week strictly on the flats to extend his riding years. I have put all the grandkids on him knowing he would take care of them. I have no knowledge how much longer I will be riding him. As Robin Henderson recently pointed out to me, with the combination of horse and rider ages we are officially in the “Century Club”. It is inevitable one of us will call it quits at some point, but not today, not today.



## MONTHLY PHOTO!

Diana Barber Lewis and Ray Lewis (among others) represented the Lomita Sheriff’s Posse at the recent Horse Happenings on the Hill event. Photo by Dr. Ruth Sobeck.

Submit your horsey photos to [pvpha.dispatch@gmail.com](mailto:pvpha.dispatch@gmail.com) to be featured!

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