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Association

# ·D·I·S·P·A·T·C·H·

Volume XXIV, Issue 6

Pam Turner, Editor

June 2010

## **June 17<sup>th</sup> - 7pm at the Empty Saddle Club Debbie Taymour from Winsome Farms All Wrapped Up!**

How many of us REALLY know how to bandage? And there are bandages for certain ailments. Are you aware that your bandage may cause a bowed tendon? If incorrectly applied your bandage could do more harm than good!

Debbie Taymour, a graduate of the Potomac Horse Center in Gaithersburg, MD, will be your teacher. She will show you how to bandage for different needs, different pressures, different sizes. Debbie has dedicated her life to horses, besides of course her husband and three daughters! She was a trainer on the East Coast prior to moving to the Peninsula. Debbie was instrumental in creating Equestrian Teams in the School District the year that Peninsula High School was opened, and she was the manager for the teams for several years. All three daughters showed horses, placed in numerous medal finals and jumper competitions.

Currently, Debbie breeds and sells Holsteiners under the Farm name Winsome Farm. This will prove to be a most interesting and informative meeting!

*Charlene O'Neil  
VP Education*



## General Meeting Report

### **News briefs:**

The PVPHA Horsemen's election is coming up. If you would like to run for office, or nominate someone else, see "Election" on page 3 of this *Dispatch*. There are four openings; Membership, Civic Affairs, Corresponding Secretary and President.

**Golf Course Development:** The EIR (environmental report) will be re-circulated sometime in summer. The developers are still not open to retaining the property in the horse overlay area or putting a trail around the property.

**Mountain Lion:** Spotted around Dapplegray Private Ring, loping over to Buckskin.

**City Celebration:** The City cannot finance this year's event. Planning the celebration so that it will pay for itself is being discussed. With the suggested cost savings and revenue generating ideas, the celebration has a good chance to go on as usual. The City has to wait until their budget meeting, so this issue will not be voted on until June 8, 2010.

**New Things:** Ernie Howlett Park may have a portable skate board park for the summer. It can be put up during the day and then taken down in the evening.

## Certified Thermal Imaging

By Erin Ryan

Thermal Imaging has been around for a long time. It has been used in the medical (human) field for breast scans and chiropractors use it. It is also used in energy audits and for electrical systems (plugs overheating). This technology has evolved over time, becoming more sensitive to smaller changes in degrees of heat. Our guest speaker, Aaron, concentrated on equine thermography. Although Aaron is not a horseman, he grew up around horses. Using infra-red, he takes an image, and then hands it over to the vet for interpretation.

There is a protocol with horses. The horse is worked for 20 minutes, then taken out of the sun and rested. Blood flow creates heat. Horses, as humans, are balanced. One side of the body should image similarly to the other side.

For instance, a right finger should match the left finger in heat. With that in mind, they are looking for anomalies. The camera can detect a 10th of a degree of heat difference (moisture holds heat).

Equine IR can be used for:

General Health; establishing a baseline to have a starting point of what a healthy horse looks like; Pre-purchase check; Saddle fitting (does saddle fit correctly, is the rider unbalanced or is the horse moving crooked); Tracking the footing; Joint inflammation detection; Hoof balancing; Pre/post competition to detect injury before it becomes worse; Problems that are pinpointed early may allow for a quick treatment.

New technology is coming along all the time. Currently the key benefits are:

- Non-invasive
- Cost effective
- Soft tissue injury detected early

There are preparation requirements. The visit needs to be scheduled. The horse needs to be already worked and cooled down for the technicians (20 minutes of exercise, 1 hour of rest). In extreme injury cases when the horse cannot be exercised, then the imaging will be done without exercise. One or more handlers may be needed to manage the horse. The imaging is taken 4 to 6 feet away, so room is needed around the horse. The horse needs to be in a clean, dry (low humidity) environment, with no direct sun. The horse cannot be brushed 2 hours before, and no fly spray or ointments earlier than the night before. For the hoof, all shoes and pads removed one hour before arrival.

There will be a history questionnaire to fill out. Was the patient exercised with or without saddle and/or rider prior to exam? Is there more than one regular rider of the patient? Is the

horse currently on meds, what type, supplements, what kind, how long? All of the above can affect blood flow. List all known current ailments and/or injuries, previous injuries, farrier information and when last shod/trimmed.

An ideal exam would be a situation where the handler controls the patient; the horse stands square, gloves used, done with an outside temperature of 86 degrees, with injuries identified early on so treatment is effective. After the scanning, a report is generated. The technician spends 20 minutes answering questions. Typically, the report is then given to the vet for interpretation. This technique was used at the 1996 Olympic Games in Atlanta to detect injured sites before lameness became a problem.

One of our members in attendance has used this technology for her horse who had lameness issues for over a year. One day it would seem to be in his rear leg, another time in his hip, and so on. When she saw the booth at the equine faire, she had them come out. The scanning identified a very low blood flow in his front right hoof. With this information, the vet took x-rays at that specific site, and sure enough, the vet discovered navicular. With this diagnosis, a treatment could then be targeted for that specific ailment. A better recommendation could not be had!

A big thanks goes out to Premier IR for coming out to talk to our membership.

To schedule an appointment call (877) 934-7726, [www.premierIR.com](http://www.premierIR.com).

## **PVPHA Election June 17, 2010**

*The following Positions are open for the PVPHA Board of Directors:*

**President**  
**Vice President of Civic Affairs**  
**Membership Chairman**  
**Corresponding Secretary**

*To place your name on the Ballot or nominate anyone for any of the above listed positions please contact the nominating committee.*

*June Olney @ 310.326.4531 Or  
Doreen Houle @ 310.375.5157*

*The election will be held at the June 17th  
General Membership Meeting at 7 pm at:*

*Empty Saddle Club  
39 Empty Saddle Lane  
Rolling Hills Estates, CA 90274*

## **FROM THE EDITOR...**

Happy Summer to all! Here we are again ready to enjoy all the summer fun, the barbecues, moonlight and otherwise rides with saddle pals, team penning at ESC, barrel racing at ESC, etc. Oh and by the way there are all the great horse shows to attend! We have some here like ETI, Los Serranos, Las Amigas de Las Lomas and the Portuguese Bend Show. Some of our members made the annual pilgrimage North to celebrate Mule Days in Bishop. I expect we will be getting a report and, hopefully, pictures on the activities and their adventures in our July Dispatch.

Well, enjoy the beginning of your summer fun, use plenty of sunscreen and don't forget your horse gets sunburned too. So be sure to apply sunscreen on the nose and inside ears (if you can) of your equine friend especially if he or she is light colored and/or has a light colored nose.

Happy Trails!



*Pam Turner*

**OCIEL UPDATE!**

The Orange County Interscholastic Equestrian League (OCIEL) is a publicly supported non-profit corporation operating exclusively for charitable and educational purposes, to foster regional and national amateur equestrian sports competition. The primary goals and objectives of the League are to encourage knowledge of horsemanship, stable management, equine anatomy and physiology and to promote teamwork in a fair and friendly competition with the young riders from K thru 12th grade. The League encourages and supports the efforts of those students and their parents at public and private schools who have made a commitment to the sport. The League promotes the sport as an "interscholastic team activity."

Our South Bay Schools participate in the OCIEL program. Congratulations to the Equestrian team of Palos Verdes Peninsula High School. This past weekend, they won 2nd place. Congrats to Maggie Guerra who won Champion and Kayla Kelly-Slatten who won Reserve Champion.

**Schools Team Standings - YTD**

School	Total Points	Placed
Chadwick	337	1st
Peninsula HS	308	2nd
Palos Verdes HS	286	3rd
South High	55	17th
Mira Costa	38	24th
Manhattan Beach MS	31	31st
Bishop Montgomery	13	47th

**Divisions - YTD**

<u>Ttl Pts</u>	<u>Rider</u>	<u>Horse</u>
<u>School</u>	<u>School</u>	<u>Division</u>
32	Shelby Leach Peninsula HS	High Time Frshmn Drssg
28	Lauren Pell Palos Verdes HS	Romulus Frshmn Drssg
49	Alex Klaassen Chadwick	Palermo Frshmn Hntr
23	Chloe Bell-Wilson Peninsula HS	Denina Frshmn Hntr
39	Caroline Miguez Chadwick	Parker JV Hntr
38	Caitlin McGough Mira Costa	Anteros JV Hntr
9	Amanda Stefan Palos Verdes HS	Lucciano JV Hntr

4	Kristen Yule Palos Verdes HS	Voltaire JV Hntr
72	Kayla Kelly-Slatten Peninsula HS	The Girls Good JV Jmprs
58	Shelby Tsuji Palos Verdes HS	Zippos Good Stuff Lmt Wstrn
41	Kaitlin Huben Palos Verdes HS	Requested Honor Lmt Wstrn
36	Sophia Harik Peninsula HS	A Slippery Situation Lmt Wstrn
33	Sarah Powley Palos Verdes HS	Thomas Shane Lmt Wstrn
25	Hayley Thomas Palos Verdes HS	Zippin Lucky Lmt Wstrn
24	Anna Jean Berman Chadwick	Zippos Zippin Lmt Wstrn
23	Taylor Gillette Peninsula HS	Daydream Deluxe Lmt Wstrn
13	Cileah Kretsch Bishop Montg	Golds Anthony Lmt Wstrn
20	Sophie Rehrig Peninsula HS	Winnie Nvc Drssg
67	Michelle Geller Chadwick	Sprite Nvc Hntr
37	Michelle Yamashita Palos Verdes HS	On Holiday Nvc Hntr
34	Lindsay Tong Chadwick	Houdini Nvc Hntr
30	Claire Burke Palos Verdes HS	Sweet Dreams Nvc Hntr
31	Samantha Millington Mnhttn Bch MS	Prince Charming Nvc Hntr
9	Jessica Amin Peninsula HS	Buddy Nvc Hntr
3	Courtney Saban Peninsula HS	Daniels Destiny Nvc Hntr
1	Kerry Spain Palos Verdes HS	Painted Glory Nvc Hntr
66	Margherita Peninsula HS	Guerra The Te Master Nvs Wstrn
55	Shaylyn Wetts South High	CeeMe Pass Quietly Nvs Wstrn
65	Zoie Nagelhout Chadwick	Piper Vrsty Hntr
59	Morgan Geller Chadwick	Billy Vrsty Hntr
41	Rachel Thurman Palos Verdes HS	Vermeer Vrsty Hntr
24	Leigh Mindrich Peninsula HS	Apassionata Vrsty Jmprs
15	Brooke Erickson Palos Verdes HS	Achtung Vrsty Jmprs

## What's Happening!

**June 17** - 7pm: General Meeting (see pg.3)  
**June 20, July 11, Aug 29, Sept. 26** -ETI Corral  
 8 shows at Ernie Howlett Park (see ETI  
 article on pg. 5)  
**June 27, July 25** (rain date Aug 15) - Los  
 Serranos Awards Circuit Western &  
 Reining Horseshow - Beginners classes  
 available - Ernie Howlett Park. Contact:  
 Trish Harik at 310-378-9911

## ETI - Equestrian Trails Incorporated



ETI was founded in 1944 as a nonprofit organization committed to be "Dedicated to the Acquisition and Preservation of Trails,

Good Horsemanship, and Equine Legislation." The local Corrals hold Trail Rides, Gymkhanas, and Horse Shows.

**Volunteer(s) Needed for Awards:** ETI needs someone to manage ordering/setup/take down/storage of Ribbons/Medals for the shows and also someone to manage banquet awards. Please contact ETI if you are interested. Thanks.

### Contacts:

ETI Corral 8, P.O. Box 3150, Palos  
 Verdes Peninsula, CA 90274  
 Dan Wallace (President) email:  
 etipresident@aol.com  
 Meghan Heimer (Entry Booth) (310) 544-  
 3060  
 Judy Lim (Stall Lottery) (760) 505-4276  
 email: eti8stablemanager@gmail.com  
 Jordan Bennett (Website Producer) (310)  
 293-7486  
 Dawn Dean (Secretary/website editor)  
 (310) 373-1791

## Palos Verdes Peninsulas Horse Trainer Spotlight

ALDEN GIACOPUZZI:



I am currently a riding instructor at Palos Verdes Stables. Although, I've spent the last 24 years working and riding horses at Seahorse Riding Club. Sixteen years, of which, I have been giving riding lessons! I truly enjoy teaching young children and sharing my love

of horses with them.

I rode as an amateur for many years in the Amateur Owner Jumper Competitions. Eventually, I graduated to the Open Jumpers and this meant that I could begin Grand Prix Competition.

Life happens, and at this time, I decided to have a family and put off the Grand Prix's until my children were older. It is still a dream of mine, one of which I plan to pursue again. I'm working my way back up!

In the meantime, I continue to share my love of horses with the kids I teach, and enrich their lives with the therapeutic as well as the athletic aspects of riding horses. I have found that the ability of horses to fill voids in children's lives is astonishing.

Mastering a connection with a horse is not about bullying or forcing a horse to do what we want. It is about a connection, understanding, and asking without offending. When one accomplishes this, it has a way of transferring to every aspect of a child's life. An understanding of how the world works on a social and emotional level.

A child feels so good about themselves when they are able to control themselves as well as

a 1200 pound animal. It does wonders for adults as well. This is why horses are used in so many therapeutic situations. Teaching and watching my students conquer their fears as well as learn to be amazing riders enriches my life in immeasurable ways.

Last year I was extremely fortunate to be able to move to Palos Verdes Stable. We were welcomed into a most comfortable atmosphere, where children blossom, so my program simply exploded in its productivity and grandeur. We have an amazing lesson program with amazing 'A' quality show horses in the most beautiful setting in the South Bay.

Palos Verdes Stables  
4057 Via Opatá  
Palos Verdes Estates, CA 90274  
310.400.4678 / 310.378.3527 - Barn  
AldenG@cox.net

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## My First Year with Tiemen

Debbie Boyle



Once upon a time a small girl dreamt of wind swept mane and flowing tail, thundering hoofs and a bond second to none.

The wind swept through many years, instead of glossy mane and tail. The young girl's dream however was rekindled; a dream remembered and a promise remembered that she made long

ago to herself for her soul. From dreaming to doing - finally.

Many elements and many people help bring to life this dream. A five year plan that shrank to two and one half, Cowboy Boot Camp, learning fundamentals, an Equine Affaire, Friesian Quest, meeting caring people with a great barn to be my "dream come true's new home; just to name a few of the things that made up this "Doing."

The wind now sweeps through an ebony mane and tail. His hoofs do thunder and echo an ancient history. My Friesian Quest is now a reality. The gentle giant my soul saw as a child has now manifested at this time in my life in the form of my sweet Friesian gelding, Tiemen.

One year has passed. His patience and kindness is never mistaken for weakness. I marvel at how a creature with such strength of body and character understands me better than I do myself. The gift of being truly present with such a soul defines joy. Being truly present defines life.

I am filled with gratitude to all the people in my life that helped and supported me in helping make a "once upon a time" little girl's dream a reality. I am honored and humbled that Tiemen chose me

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## Riding in Sedona Az.

Heidi Furer

I love riding in Sedona and have been coming here at least once a year. Photos and descriptions do not do it justice. The scenery is constantly changing as you are riding. Fellow PVPHA members, Sandy and Wayne Lund joined us this time. Even though Sandy joined me before, and shared her photos and descriptions with Wayne, he was stunned by the beauty.

It was quite a challenge to find a stable. Bea Gordon, owns Horse Mesa Ranch, (928- 284-1610), in The Village of Oak Creek, adjacent to Sedona. She is the most conscience stable manager I have ever experienced, you will love her. I think The Village is more scenic than Sedona and is not crowded.

There are no horse camps in or near Sedona. There is one about 15/20 miles, but we have not even bothered to trailer there since the scenery did not look promising and we did not want to waste a day there when we have obvious outstanding scenery here.

Even though there are lots of trails from the stable, we trailer most days, but only 5 to 10 minutes so we can see different sites. If you park at any of the trailheads you will need a "Red Rock Pass" which can be purchased at the Forest Ranger station, maybe a mile or two from the Village. While you are there, be sure to purchase one of the many good trail maps of the area.

Since it is a tourist area, there are hotels, vacation condos and house rentals and lots to do for non-riding family members.

Most of the riding is moderate to slightly challenging. Some parts of the trails have lots of rocks. You will probably want shoes. You will need a health certificate and Coggins to/from travel to AZ. I encourage you to have your horses in good shape. If your horse can walk from PVDN to Crest without stopping, you will probably be OK, better yet, if you can trot and walk up the hill without stopping. Spring or Fall are probably the best times to ride here. Don't forget your GPS.

It takes about 10 hours to get there, if you leave at 6AM.

It was very hard to choose a few photos to share with you since almost any photo you take there is eye-catching.

*Heidi Furer  
Have Gait Mule, Will Travel*



### MEMBERSHIP INFORMATION

#### NEW MEMBERS

Clip and mail this form to:

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Name: \_\_\_\_\_

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State \_\_\_\_\_ Zip \_\_\_\_\_

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Tax Deductible Contribution to Trail Protection fund \_\_\_\_\_

**TOTAL \$** \_\_\_\_\_

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Ads must be paid in advance

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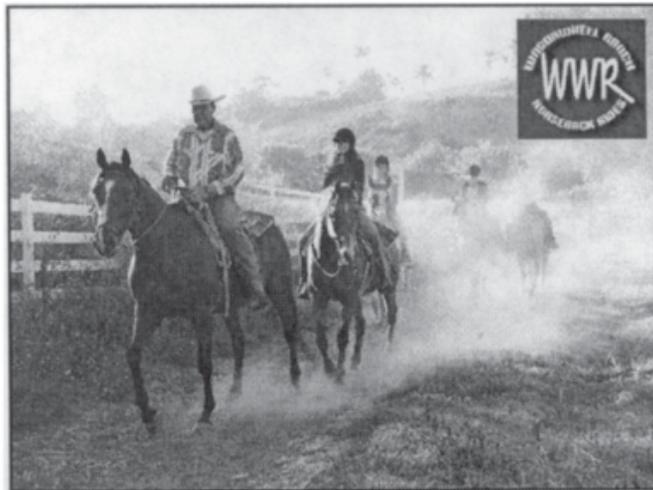
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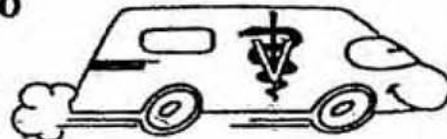


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