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Horsemen's
Association

·D·I·S·P·A·T·C·H·

Volume XXIII Issue 9

Pam Turner, Editor

September 2009

"Ice Cream, Music and Poetry at "The Pit"

Thursday Evening, Sept. 17 at 7pm

Come join us around the campfire at the Empty Saddle Club, eating ice cream and fellowshiping together. Our cowboy and cowgirl musicians and poets will be there to share their music and maybe some poems with you. There is no formalized program or organization, no sound system and the only light provided to read by will be supplied by the setting sun and the campfire. If anyone has a song or two to share with us feel free to bring along your acoustic guitar, mandolin, harmonica, etc. Some could call it an 'open pit night' at the Empty Saddle Club. We look forward to enjoying the beauty of an Indian summer evening around the campfire, ice cream social-izing ,and listening to cowboy music and poetry.



Information with respect to any treatment, therapy, program, service, advertiser or provider is intended for information and educational purposes only, and is not to be considered an endorsement by the PVPHA.

General Meeting Report

Susie H. Lytal, Cert. Equine Massage Therapist

The Worthy Horse www.theworthyhorse.com
(310) 488-4389

Submitted by Erin Ryan

At our August PVPHA General Meeting we were fortunate to have Susie Lytal as our guest speaker. She began her interest in bodywork about 20 years ago. There was a segment of the horse population that could not be kept comfortable using standard medications. She has been a certified practitioner since 1995, working on thousands of horses. All types of horses benefit from bodywork. It can be a useful tool in early detection of potential issues (suspensory strains, strained tendons, muscle tears, etc.), for pre-purchase assessment, and as maintenance for the hard-working equine athlete.

FROM THE EDITOR...

The City of Rolling Hills Estates once again will be hosting the Annual City Celebration. On September 19 with a lot of equestrian events, booths, fun attractions, music and of course, the delicious barbecue dinner! Please see the news articles for more details.

Have you purchased your hand(s) for the annual Poker Ride on September 19? If you can't ride then buy a hand or two and have someone carry it for you...kind of like Pony Express with prizes! We could also use your help passing out hands to the riders. The

proceeds are split between the Pepper Tree Foundation and PVPHA and we need your support.

Also, don't forget our annual Ice Cream Social with Cowboy Music and Poetry at the Pit on Sept. 17.

Happy Trails,

Pam Turner



Election Results, Changes on the Board

At the August 20th General membership meeting the following positions on the board were re-elected.

Charlene O'Neil	VP Education
Erin Ryan	Recording Secretary
Melody Colbert	Treasurer*
Michelle Sanborn	VP fiscal affairs*

*Note: Melody and Michelle have switched positions.

Note: Gil Houle was appointed to the VP of Membership replacing Jim Moore who resigned from the board at the August 18, Board meeting.

Please join me in welcoming Gil to the Board. Please give Gil your usual great support in getting up to speed on membership functions as well as other PVPHA activities.

Dale Allen, PVPHA President

Goin' Green to Greener Pastures

PVPHA is encouraging all of us to GO Green when it comes to the Dispatch. Let's save some trees so horses and all of us will have shade and reasonably decent air in the future. Therefore effective 1/1/10 the Dispatch will no longer be mailed. It is available online now. If you need the Dispatch mailed to your home then please complete and mail in the OPT IN form below and we will continue to mail it to you. Otherwise you will need to go to www.PVPHA.org to access your Dispatch.

-
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What's Happening!

Sept. 4-6 – Portuguese Bend National
Horseshow Ernie Howlett Park. Benefit for
Children's Hospital, Los Angeles
Sept 17 – 7pm PVPHA General Meeting/ Ice
Cream Social & Cowboy Music and Poetry at
the Pit
Sept 19 – RHE City Celebration & Poker Ride
Sept. 26 – Steve Harris Memorial Trail Ride,
Dinner/Dance and Auction – contact Jeff Harris
@ 310-373-7224

Oct 15- General Meeting –Ken Anderson:
History of Dressage and live Movement
Demonstration
Oct 16-18 – Cowboy Days at ESC
Nov 19- General Meeting – Vaccines and more
from Farnham

Welcome New Members!

Bennett Rheingold
Mike Einstoss referred by Denise
Johnson
Elizabeth Kane referred by Pat
Murnane
John & Debbi Boyle
Kathy Browning
Lisa Ernst Nguyen
Mari Parino
Tracy Freeman

Thank you Trail Donors!

Bernard Katzman
Bennett Rheingold
Ruth & Steve Allen
Sue Martin
Keith & Carole Campbell
Carol Ludwig
Ray Lewis
Bob and Shirley Hallstein
Anita McCullough
Christine Baredian
Jennifer & Bob Boudreau
Vicki & Steve Shinn
Nancy Myers
Valerie Cole
Hirsh Marantz
Dale & Rosemary Allen
Mayisha Akbar
Sharon Warriner
Marcotte Family
Tom Fitzpatrick
Sam and Mari Parino
Don Kennedy
Malcolm and Jill Smith

Getting to Know You...

Pamela D. Gibson: " I have always loved horses. I used to tie string or rope to the handle bars of my stingray bicycle and pretend I was on a horse. The carousel horses at amusement parks were always my first stop. When the 'All American Horse Show' came to our local mall in Toledo, Ohio, I went every day. They picked up on my interest and invited me to the holding stable and let me groom and spend time with one of their horses. I was in seventh heaven! There were also a couple of opportunities to ride at rental places. Then we moved out her to California and I met the horse of my dreams, my animal soul-mate! I got the opportunity to work with other people's horses more closely until we were able to make Sarahorsie ours. We are so grateful to share our lived with our most beloved equine friend for so many years. She is an absolute blessing an absolute joy and we miss her so!"



In Memory of...

They Will Never Take Her Away From Us!

In memory of our lovely equine Sweets, "Sarahorsie" 5/14/87 to 5/09/09. Composed by Mommie, Pamela Diane Gibson 7/04/09 (*sung to the tune "They Can't Take That Away from Me"*)

The way I love my precious "Sweets"
My treasured gift and dream come true
Our spirits sealed at a glance
They can't take her away from us

We adored each other before you owned us
We united as best friends, soul mates, even twins!
And still some never understood
They can't take that away from us

We became very secretive buyers with the help of a brand new friend
No one could keep us apart as we revel in the memory of

The way you always fondly greeted me
The way you gingerly ate from my hand
The way your beauty constantly captured my mind
No they can't take her away from me

The way we walked and talked in simple harmony
Spending nurturing peaceful moments together
The way we lovingly shared our one of a kind relation
They can't take her away from us

You have been our daily oasis since we found each other eighteen years ago
Now that you are laid to rest we revel in the memory of
The way you fulfilled our lives with boundless joy
The effortless heartfelt honor taking care of you
Enchanting melodies of you Sarahorsie smile lights our hearts

No! No! They will never take our "Sweets" away from us!

Sweets died of complications resulting from Metabolic Syndrome/ Insulin Resistance. According to Pamela: " If the horse is an easy keeper, gaining weight easily with difficulty to lose weight, presents abnormal fat pads on rump, shoulders and other places, and has a very 'cresty neck' please discuss with your Veterinarian. Inquire having a check of thyroid levels as part of the assessment. If caught early, insulin resistance induced laminitis may be avoided. Do not ignore these physical changes. Insulin resistance can be well controlled and maintained.

Helpful links:

More info on Metabolic Syndrome

http://wvc.relmax.net/forms/metabolic_syndrome.doc

Horse loss Support

<http://www.hoofbeats-in-heaven.com/>



Coyotes...yep we got 'em... here's how to live with 'em...

LIVING WITH CALIFORNIA COYOTES*

Coyotes in California

Observing wild animals is one of the many benefits of living in or near wildlife habitat. The experience can turn unpleasant, or even dangerous, however, when well-meaning people feed wildlife. When fed by people, coyotes become unnaturally bold and the result is conflict between coyotes and people, which too often ends in serious harm, or even death, to the people or the coyotes.

The coyote (*Canis latrans*), a member of the dog family, is native to California. It closely resembles a small German shepherd dog with the exception of the long snout and bushy, black-tipped tail. The coyote's high-pitched, yodel-like yapping can frequently be heard at night. Coyotes are extremely adaptable and can survive on whatever food is available. They hunt rabbits, mice, birds and other small animals, as well as young deer and sheep. They will also feed on the carcasses of dead animals and will accept "hand-outs" from people in the form of table scraps, pet food and garbage. Coyotes are found throughout California, from desert and mountain habitats to urban areas. Problems occur when people begin feeding coyotes, either deliberately or inadvertently. Coyotes will quickly lose their natural fear of people and become bold, even aggressive. Pets are often attacked, injured or killed by coyotes. In a few tragic cases, coyotes have attacked small children, causing serious injury or even death.

Help Keep Coyotes Wild

We can reduce conflicts with coyotes by ensuring they remain cautious of humans. Practice these safety guidelines and encourage your neighbors to do the same.

Never Feed a Coyote

Deliberately feeding coyotes puts you, your pets and your neighbors at risk. You may be inadvertently feeding coyotes by leaving pet food or garbage where they can get to it. Feed pets indoors or promptly remove outdoor dishes when pets finish meals. Store bags of pet food indoors. Use trashcans with lids that clamp shut, which will prevent spilling if the cans are tipped over. If you leave garbage outside, don't use trash bags as garbage containers; coyotes can easily rip them open and scatter contents. Put trash containers out the morning of the scheduled pick-up, rather than the night before. This will give the coyotes less time to scavenge. Clear brush and dense weeds from around dwellings to reduce protective cover for coyotes and make the area less attractive to rodents. Coyotes and other predators may be attracted to areas where rodents are concentrated, such as wood and brush piles and seed storage areas.

Protect Children

Although rare, coyote attacks have seriously injured young children. Never leave small children unattended in areas known to be frequented by coyotes, even in your yard.

Protect Pets and Livestock

Keep small pets, such as cats, rabbits and small dogs, indoors. Don't allow them to run free at any time. They are easy, favored prey. Some coyotes seek cats in residential areas. Large dogs should be brought inside after dark, and never be allowed to run loose. Rabbit hutches should have a solid bottom. A hutch standing above ground, with only a wire bottom, makes your rabbit an easy mark. When building a chicken coop, dig a one-foot trench around its perimeter. Extend the chicken wire fence well into the trench, then bury it.

Use Negative Reinforcement

If coyotes begin frequenting your neighborhood, let them know they are not welcome. Make loud noises, throw rocks, or spray them with a garden hose. For everyone's safety, it is essential that coyotes retain their natural wariness of humans.

Report Threats and Attacks Immediately

If you see a coyote behaving aggressively or attacking people, contact the nearest office of the California Department of Fish and Game during regular business hours: Monday through Friday, 8:00 a.m. to 5:00 p.m. If an encounter or attack occurs after business hours, call the Department of Fish and Game's 24-hour dispatch center at (916) 445-0045. The Department will take appropriate action.

For more information, contact the California Department of Fish and Game – Southern California Office at (909) 484-0167.

**A publication of the California Department of Fish & Game, 1416 Ninth Street, Sacramento, CA 95814*

Local News....

Thanks to member Cathy Gardner for sending in some timely news items:

Dapplegray Ring- by Cathy Gardner

Jumps are returning to Dapplegray Ring! The fresh paint was a-flying sprucing up those jumps at a painting party hosted by Palos Verdes Pony Club.

Eagerly anticipating their Sunday afternoon riding program resuming at Dapplegray Ring, Club members turned to and got busy. In the meantime, an additional PVPC Saturday mounted lesson group at Ernie Howlett has developed. Any interested young riders, please contact Jackie Nichols, 714.541.9178.

RHE City Celebration- by Cathy Gardner

Rolling Hills Estates big bash is coming! RHE City Celebration is an equestrian extravaganza with FREE equestrian activities as the yearly FREE Trail Class and FREE Gymkhana beginning at 9:30 am (did we mention FREE?) following the annual Poker Ride on Saturday, September 19th at the Empty Saddle Club. The equestrian exhibition line-up is fantastic with a great view from the bleachers or from the back of your horse. Programs run all day & lots to participate in with family and friends. Watch for the flyers and see you all there for a terrific time.

RHE City Celebration

Rolling Hills Estates City Celebration will be Saturday, Sept. 19th at the Empty Saddle Club 39 Empty Saddle Road.

Residents, family, friends and neighbors are invited to participate in this annual tradition which marks the 52nd year of this event that dates back to the City's incorporation in 1957.

Events will feature a barbecue dinner, a poker ride, equestrian events, a petting zoo and an assortment of activities and entertainment. A full barbecue dinner will be served from 4-6pm for \$12.00 for adults and \$8.00 for children 12 and under.

Recording artist, Boomer McClennan and the Rhythm Rangers will be performing favorite Country Western tunes.

Cowboy Days are Coming! October 16-18, 2009

Cowboy Days is an annual event held in October at The Empty Saddle Club in Rolling Hills Estates, California. Since 1992 the Club members have celebrated the "old cowboy ways" through three days of celebration and two days of competition.

Cowboy Days start on Friday, with a TGIF Kick Off Party and Calcutta. The Competition starts on Saturday and completes on Sunday. Events include Team Roping, Cutting, Team Penning, Gymkhana, Trail and youth events. The big party and dance is held Saturday evening

As usual we plan on hot competition for the All Around Wrangler and we are bringing back the all around champion Cowhorse. Come help us celebrate!!!!
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Volunteers needed to help with the September 19th Poker Ride!

When the Dispatch went to press we were short on volunteers to help facilitate this popular event. *This is an appeal to you for help!* We need folks to pass out hands at various spots along the ride route. Without volunteer support, the ride will be affected. Please donate some time to assist in this fundraiser for PVPHA and the Pepper Tree Foundation. In 1981 City of Rolling Hills Estates created the Pepper Tree Foundation "to help support City owned parks, trails, open space, recreation and facilities." As you know, PVPHA is here to preserve and protect our precious trails. If you enjoy the parks, trails and other recreation areas in RHE please consider helping in this benefit for our community. In addition, it's really a lot of fun! You get to meet and greet a lot of really nice riders and see quite a variety of horses. To volunteer contact Mel Colbert at (310) 373-7097

PVPHA
Presents the
18th
ANNUAL POKER RIDE

Saturday September 19th 2009

Sign-up at Chandler Park
8:00 a.m. to 10:00 a.m.

This is not a group ride, ride alone or with friends.

Start when you want.

All Poker Hands must be submitted by 11:30 a.m.

Only \$10.00 Per hand

*Make checks payable to- RHE Pepper Tree Foundation.
(a tax deductible donation)*

All Equestrians and Carriages Welcome!

Riders may purchase multiple hands

Non-riders may purchase hands for riders to carry.

Winners will be posted by noon and prizes awarded at 2:00 p.m.

at the PVPHA Booth. You do not need to be present to win.

However, non-present winners cannot select their own prizes.

Great prizes like \$250 in Vet services by Dr. Ruth Sobeck, \$100 CASH donated by Dr. Larry Kelly
Proceeds divided between the PVPHA and the Pepper Tree Foundation and support equestrian related uses.

For information call Melody Colbert at (310) 373-7097

MEMBERSHIP INFORMATION

RENEWALS:

Renewals are sent out in May and need to be received by June 30th.

NEW MEMBERS

Clip and mail this form to:

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PO Box 4153
PVP, Ca. 90274

NAME _____

Address: _____

City _____

State _____

Email _____

Referred by _____

Please indicate the donations. Checks are made payable to PVPHA:

- Household Membership \$35
- Tax Deductible Contribution to
- Trail Protection fund _____

TOTAL _____

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BUSINESS CARD	\$20.00
PER LINE	\$2.00

Two line personal ads are free to members.

Ads must be paid in advance

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Ad copy needs to be camera ready and can be emailed to the Dispatch Editor at pvdspatchmailbox@yahoo.com or snail mailed to:

Pam Turner
2327 246th St.
Lomita, Ca. 90717

Any additional printing costs must be paid by the advertiser.

DEADLINE for receipt of Ads is the 20th of the month.

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